

What's new for 2012?!

The Youth Development & Parenting Education Program is pleased to offer you the following series of social sessions in your community! There is almost everything for someone. To register OR for more information please contact the IFSSA office at (780) 462-0772 or via email at pgmdir.ydpe@ifssa.ca.

Registration is FREE!

Female Identity Series

Are you a female youth between the ages of 12 to 17? Come join us every Mondays starting: MONDAY FEBRUARY 6TH at the Markaz-UI-Islam Mosque for an interactive series of group sessions.

What will you get out of it?

- Learn how to set goals!
- Discover your talent!
- Connect with other girls!
- Become a leader!
- Become more assertive!
- Recognize your strengths and qualities!

PLEASE NOTE: If you attend all sessions you will receive a certificate of participation that you can put towards your resume!

Time: 6-7pm

Parent Mentor Sessions in collaboration with MAC, Rahma Mosque

Always wonder how other parents deal with their kids? If they're going through the same ordeals you're? When will things get better? Come join us every other Fridays of the month at the MAC Rahma Mosque at 7:30pm for a series of sessions facilitated by Dr.Mohammed Sadiq (Registered Psychologist in the Province of Alberta)

Upcoming sessions: Friday January 6th, Friday January 20th (stay tuned for more updates)

Time: 7:30pm

Mothers Group in collaboration with MAC, Rahma Mosque

Meet friendly local moms to talk about your kids and have fun! Come to a Moms Group to share experiences, find advice, give support and make new friends. All female are welcome ages 25+.

Upcoming sessions: Wednesday January 11th, Wednesday January 25th

Times: 1:30pm

Facilitated by: Provisional Psychologist

Location for MAC, Rahma Mosque is: 6102-172 Street

After School Youth Program

Are you a youth that needs help with your homework? Need to boost up your math skills to get that A+? If so, join us every Saturdays at 1pm at the Multi-Cultural Woman & Seniors Association.

Location: Multi-Cultural Woman & Seniors Association- 329 Woodvale Road

Have an idea for the community? Need some resources to get it up and going? Call Alisha at (780) 462-0772 or send me an email at pgmidr.ydpe@ifssa. Would love to chat!