

COMMON MISCONCEPTIONS ABOUT ABUSE

1. Family Violence is nobody's business except the family and they are protected by the right of privacy.

People have the right to be protected from deprivation, suffering, and violence. Human rights apply to every person regardless of their race, religion, culture, and ideologies. Abuse matters are not private and should be addressed to family violence organizations and services.

2. Physical abuse is defined as being the most severe violence in a family violence.

Abuse comes in many forms and an abuse such as psychological abuse can be just as damaging as physical abuse and both can have long term effects on a person.

3. Family violence only pertains to woman

Men also experience abuse but they are more reserved about coming forward and expressing the issue and seeking help. Although in society men do not tend to see their plight as seriously as a woman does.

4. The abuser will change and so the victim should try to work on things on their own and continue to accept the abuse

Without seeking professional help, the victim will continue to being abuse mentally and physically until they step forward. The abuser will not change their behaviour but will tend to normalize to keep the victim from escaping their control.

5. Cultural or societal norms see the issue of family violence as taboo therefore it should not be publicly addressed, but not addressing the root of the problem has led to bigger issue that have become misunderstood without proper solutions being provided. By not facing the reality of the problem, we are trying to hide it which is creating dire consequences for communities and families to face.